

ACNE & ACNE SCARS



For Acne

Acne comes in various shapes, forms and types. The key to successfully treating acne is to recognise the type of acne and treat it with the right treatments targeting that particular type of treatment.

There different types of acne are:



Blackheads



Whiteheads



Papules



Pustules



Nodules



Cysts

Ageless Clinic has been a pioneer in treating Acne without medication for the last 10 years. We take a holistic approach and try and understand the root cause, with an inside out approach. Acne is not just caused due to factors affecting your skin but also stress, acidity, eating habits and so much more.

We believe in using a 360° approach to tackle your acne - a specially designed & custom

- In-clinic skin treatment plan
- Homecare routine
- Diet
- Inside-out Detox

» CLEARSKIN LASER

Alma Clearskin™ is a new US FDA approved laser based approach to treating active acne by targeting the Sebum glands and P. Acne Bacteria (the bug causing the acne) simultaneously. The treatment is virtually painless and recent studies have shown 100% satisfaction rate*.

- No side effects
- No downtime
- Lasting results
- Addresses all forms of acne vulgaris
- Diminishing the appearance of acne scars
- Suitable for all skin types

* Study by Spinger-Verlag London 2015. Individual results will vary. No results guaranteed or implied.

» PEELS & CLEAN-UPS

There are special peels that can used as spot treatments for active acne. These, when used in combination with our special anti-acne clean-up, reduce active acne as well as destroy the acne germs to reduce the chances of you breaking out in the same place again. Anti-acne peels are available in several grades depending on the type of acne you have and its severity.

» AGELESS LED LIGHT SKIN THERAPY™

LED Skin Therapy sends light waves deep into the skin to trigger natural intracellular reactions. Depending on the light you use, your skin responds differently. The blue light is great for acne prone skin, as it's specific wavelengths stimulate production of oxygen radicals that kill P. acnes bacteria, keeping your skin healthy and acne free, without any pricking or pain.

» AGELESS DIAMOND RESURFACING™

Uses a diamond tip to gently remove the damaged thicker outer layer of your skin that mainly consists of dead skin cells left behind post acne and provide skin polishing for smoother feathery skin. It helps reduce the light pigmented acne marks as well as blackheads and rough keratinised skin.

» AGELESS HYDRO DETOX THERAPY™

One of the major contributing factors to your skin health is your internal health. At AgeLess we believe in taking an inside-out approach to reach your best skin health. When you're internally healthy and clean, it shows on your skin as well. An unhealthy diet or congested stomach often leads to breakouts. You can prevent that with AgeLess Hydro Detox Therapy™ which is the equivalent of 30 enemas. This state of the art treatment uses the finest US FDA approved device on the market to comfortably and safely clean the colon. This treatment cleanses the colon with temperature and pressure controlled filtered water without any chemicals, medicines or any other external substance.

- Reduced acne
- Brighter, clearer skin
- Potential to aid weight loss
- Reduced feeling of bloating
- Increase nutrient absorption

Acne Scars & Marks

At The AgeLess Clinic, we pride ourselves at not only being able to help you get rid of Acne but also the Acne scars & marks.

- » Acne marks are caused due to Post-Inflammatory Hyperpigmentation (dark marks) left behind by mild to moderate acne. These are on the upper level of your skin and can be reduced by skin lightening treatments.
- » On the other hand, severe acne tends to go deeper under the layers of skin and damage your collagen and elastin building process. This in turn leaves behind acne scars. There are three major types of acne scars:

- **Ice Pick Scars** - These are deeper than they are wide, with jagged edges, they can sometimes resemble large, scooped-out pores.
- **Boxcar Scars** - They look like broad, rectangular depressions on your skin with steep, defined edges.
- **Rolling Scars** - These are broad depressions with rounded, sloping edges that reflect the name.

Like in most cases, we believe a combination of treatments tends to show better results than any singular treatment. The following are the treatment options we offer, ask our doctors the best combination for you and say goodbye to the acne life!

TREATMENTS FOR ACNE SCARS & MARKS

» AGELESS STEM CELL FACE TREATMENT™

New & Improved Version of the VAMPIRE FACIAL

For a Younger Fresher Brighter You

Our blood has the natural ability to heal. When we fall down and hurt ourselves, our skin forms a scab and heals itself. This is the science on which the Stem Cell Face Treatment is based. This treatment uses the good stuff from your own blood, which helps to boost your collagen, which in turn gives your skin an additional boost to heal your scars and lighten marks, giving you improved skin texture and brighter healthier skin.

- Lightening of Scars
- Tighten skin & pores
- Reduced Pigmentation
- Look younger & rejuvenated

» DERMAROLLER

Acne scars need higher production of collagen to heal and acne marks need lightening agents to fade. Occasional use of a Dermaroller stimulates the production of collagen in the skin, which can help reverse the formation or acne pits and caters. We also add a special touch of unique AgeLess Brightening Ingredients™, which when used along with a dermaroller, seep deep into your skin and help reduce your acne marks and give you overall brighter even-toned skin.

TREATMENTS FOR ACNE MARKS

» PICOSURE®



NEW BENCHMARK for SKIN CLARITY

Introducing
 PicoSure®
For the 1st time in India

PicoSure® is the world's first Picosecond laser made by the inventors of the original Q:Switched laser, which has been the preferred choice of pigmentation lasers for the last decade.

US FDA approved PicoSure® is an American technology with a special focused tip that works on 1/trillionth of a second and delivers stronger focused energy to target acne marks and give you spotless even toned skin.

» AGELESS INSTABRIGHT LASER™

Q:switched lasers have been the preferred choice of pigmentation lasers for the last decade. It works on a billionth of a second and targets and breaks down the pigmentation into smaller fragments, so that it can be absorbed back into the skin and regain its natural colour. These work well of acne marks as well as giving you brighter, more even toned skin.

» PEELS

Medium strength peels work wonders if you want to repair your skin damaged due to acne marks or pigmentation. Unlike milder superficial peels, medium strength peels work on a deeper layer of your skin, in most cases you will see visible peeling of the superficial layer. The downtime required ranges from a few days to a week and these can give you fantastic results.

Peels benefit the following skin conditions to reveal a bright smoother skin texture:

- Acne-scars/brown marks
- Acne-prone skin
- Hyperpigmentation

» INTENSE PULSATED LIGHT (IPL)

Intense Pulsated Light (IPL) therapy works by emitting short pulses of intense light which target pigmented cells in such a way as to diminish undesirable effects. It is one of the few therapies that can be used immediately after acne subsides to improve the skin tone, texture and redness left behind by acne. It is milder than lasers and though it is not highly recommended for brown spots, it shows amazing results for red spots and irritated skin.

TREATMENTS FOR ACNE SCARS

» VENUS VIVA™

The advanced version of MRF (Micro-needling Radio Frequency) - Venus Viva™ uses Nano-Fractional Radio Frequency™, to deliver energy deep into the skin and initiate skin change, rebuilding collagen and fibroblast stimulation, all resulting in tissue remodelling targeting pitted or cratered skin, damaged due to acne scars.

- Non-invasive – no needles
- Deeper penetration of RF – more effective
- Little to no downtime – attend a party the very next day!

» FILLERS

Your skin has the natural ability to produce collagen which helps heal wounds, scars, add volume and keep your skin healthy, however severe acne at times penetrates deeper into your skin and affects your skin's natural ability to produce collagen and heal the acne scars. Dermal fillers are a great way to treat and fill these deeper and more catered acne scars. Fillers are safe, well tolerated, instant and excellent for volume loss caused by acne scarring.

» MRF (Micro-needling Radio Frequency)

Fractional Radio Frequency Micro-needling causes selective heating in the deep dermis at the point of insertion of the micro-needles avoiding damage (burning or pigmentation) of the upper skin layer(epidermis). This creates shortening and tightening of the collagen fibres, and stimulation of new collagen to rebuild the damaged old skin caused due to acne scars.

Some examples of our Before & Afters

» ACNE



Some examples of our Before & Afters

» SCRAS (ACNE & OTHERS)





BEST SKIN EXPERT - Dr. Harshna Bijlan

(Vogue Beauty Awards Winner)



(Vogue Wedding Show Bridal Skin Expert)

Treatments Featured In



Available Exclusively at



www.theagelessclinic.com

[f /theagelessclinic](https://www.facebook.com/theagelessclinic) [i /@theagelessclinic](https://www.instagram.com/theagelessclinic)

BANDRA: A-301, Leo Building, 24th Road, Khar (W).
T: 022 4247 6000 / +91 98212 21279 | **COLABA:** Sea View Terrace, (Opp. Charagh Din), Wodehouse Rd, Colaba. T: 022 2215 5922 / +91 96199 90970 | **MALABAR HILL:** Ground floor, Jai Bhawani, R R Thakkar Marg, Malabar Hill. T: 022 2361 2020 / 95888 33355 | **VERSOVA:** #144, Janki Devi High School Road, Next to MTNL, Versova. T: 022 2636 6920 / +91 96199 90977